**JEEVA Course Calendar**

**The techniques of optimal life from Patanjali Yoga**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age: \_\_\_\_\_\_\_\_\_\_

Class: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Section: \_\_\_\_\_\_\_\_\_\_\_Year: \_\_\_\_\_\_\_\_\_\_\_\_

School: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Town/City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Pin/ZIP: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |
| --- | --- | --- |
| Date | Time | E-Classes (www.CourseLink.in) |
|  |  | 18. Samadhi Pada – Part 1 |
|  |  | 18. Samadhi Pada – Part 2 |
|  |  | 18. Samadhi Pada – Part 3 |
|  |  | 19. Sadhana Pada – Part 1 |
|  |  | 19. Sadhana Pada – Part 2 |
|  |  | 19. Sadhana Pada – Part 3 |
|  |  | 20. Vibhuti Pada – Part 1 |
|  |  | 20. Vibhuti Pada – Part 2 |
|  |  | 20. Vibhuti Pada – Part 3 |
|  |  | 21. Kaivalya Pada – Part 1 |
|  |  | 21. Kaivalya Pada – Part 2 |
|  |  | 21. Kaivalya Pada – Part 3 |
|  |  | 22. GreenJeevan |

Download this course calendar from the “E-Classes” page of [www.CourseLink.in](http://www.CourseLink.in) site.

Set date and time of each part of the E-Class and customise it to fit your convenience.